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Library has new book based in McGregor

Author Rick Birk's latest novel, "Footprints of a Shadow," has a significant tie to the McGregor area. Birk, of Scottsdale, Ariz., was in McGregor last summer researching the final chapters of the book.

The book is a story of dreams, first loves and grieving. A work of biographical fiction, it was Birk who actually had a compelling, lucid, recurring dream about his first love. Through research

and intensive dream analysis, Birk uncovered the meaning of his dreams. Birk states, "I was touched by the grace of God and led on an incredible adventure." His journey brought him face to face with his unconscious mind and provided him with a chance to reflect, to share God's love and to heal. It is truly a story of taking a chance and living our dreams. The book is available at the McGregor Public Library.